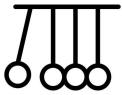


The Economic Impacts of Russia's Invasion of Ukraine

ECONOMICS

ECEM İNAL



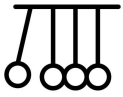
Russia's invasion of Ukraine in 2022 not only triggered a massive humanitarian crisis but also had extensive economic implications that continue to reshape the global economy. While the world focused its attention on the brutal loss of lives and the destruction of cities, the war also led to the breakdown of global markets. This is because both Ukraine and Russia hold significant positions in global trade.

Ukraine is a leading exporter of wheat, corn, and sunflower oil, while Russia is a major global exporter of oil, natural gas, and fertilizers. Most of these exports were halted after the outbreak of war, causing global prices to rise. As a result of Ukraine's frozen grain exports and reduced Russian fertilizer supplies, the world faced shortages and higher food prices. The Middle East and Africa were hit the hardest, as many countries in these regions rely heavily on affordable Ukrainian grain. With fewer materials arriving and shipping routes either cut or deemed unsafe, prices of staple goods like cooking oil and bread soared beyond the reach of many. In some cases, this led to increased hunger and growing political instability. Meanwhile, international energy markets were thrown into chaos. Russia is a large-scale producer of oil and natural gas, much of which is exported to Europe.

Before the war, European nations were getting about 40% of their gas supply from Russia. When the war erupted and sanctions were imposed, most of these nations were forced to seek alternative sources of energy, which were usually more expensive and harder to obtain. This led to a huge increase in electricity and gas prices. This proved especially difficult during winter, when use for heating was greatest, leading to increased household bills and even blackouts in some regions. In response to the occupation, the United States and its European and other global allies placed a series of strict sanctions on Russia. These sanctions were intended to destabilize Russia's economy and make it more difficult for the nation to continue financing its military engagements. Although the sanctions placed significant pressure on the Russian economy, they also created unintended consequences regarding the flow of world trade. Countries that had prosperous economic ties with Russia, such as China and Germany, were also negatively affected, and all the large foreign corporations that had invested in Russia were forced to leave with losses.

Inflation was another priority concern across the world. As the prices of food, fuel, and raw materials went up, most other goods and services followed. It especially affected those already hard-pressed economically by the crises during the COVID-19 period. In many countries, inflation set decades-long records for all-time highs, further cementing poverty and resentment toward governments seen as powerless to stop the phenomenon.

There was also an additional extreme impact of the war on the international economy, as global supply chains were affected. Before, commodities like steel, aluminum, auto parts, and agricultural products flowed freely across borders. Without major transport lines available, shipping was becoming higher in price, and as other trade barriers were erected, most companies experienced delays and shortages. Mass production sectors were disrupted, and prices continued to rise due to increased transport and manufacturing charges.



Sources

1. Murray, Warren. "Ukraine War Briefing: Russia 'On Verge of Recession', Putin Minister Tells Economic Showcase." *The Guardian*, 20 June 2025, www.theguardian.com/world/2025/jun/20/ukraine-war-briefing-russia-on-verge-of-recession-putin-minister-tells-economic-showcase
1. "---." *AP News*, 19 June 2025, apnews.com/article/9d105fd1ac8c28908839b01f7d300ebd.